

Federico Pozzer, 2020

Breathing, Moving, Playing
written for and in collaboration with Kate Ledger

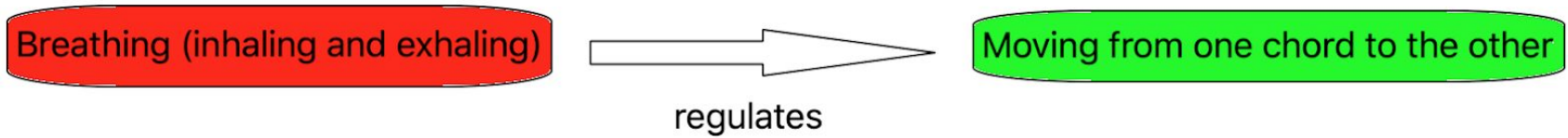
4 sections:

Play the following sequence of chords in each section. Read from left to right; first row and then second row.
For each section follow the instructions below.

The image displays two rows of six musical sections each. Each section consists of two staves (treble and bass clef) with chord notation. The first row shows chords in C major and F major, while the second row shows chords in D major and G major. The notation includes various chord symbols like C , F , D , and G , along with accidentals (sharps and flats) and dynamic markings such as p and mf .

Row	Section	Staff	Notes	Chord Symbol
1	1	Treble	C4, E4, G4	C
		Bass	C3, E3, G3	C
	2	Treble	C4, E4, G4, B4	C^{va}
		Bass	C3, E3, G3, B3	C^{va}
	3	Treble	C4, E4, G4, Bb4	C^{\flat}
		Bass	C3, E3, G3, Bb3	C^{\flat}
	4	Treble	C4, E4, G4, Bb4	C^{\flat}
		Bass	C3, E3, G3, Bb3	C^{\flat}
	5	Treble	C4, E4, G4, Bb4	C^{\flat}
		Bass	C3, E3, G3, Bb3	C^{\flat}
	6	Treble	C4, E4, G4, Bb4	C^{\flat}
		Bass	C3, E3, G3, Bb3	C^{\flat}
2	1	Treble	D4, F#4, A4	D
		Bass	D3, F#3, A3	D
	2	Treble	D4, F#4, A4, C#5	D^{va}
		Bass	D3, F#3, A3, C#3	D^{va}
	3	Treble	D4, F#4, A4, C#5	D^{va}
		Bass	D3, F#3, A3, C#3	D^{va}
	4	Treble	D4, F#4, A4, C#5	D^{va}
		Bass	D3, F#3, A3, C#3	D^{va}
	5	Treble	D4, F#4, A4, C#5	D^{va}
		Bass	D3, F#3, A3, C#3	D^{va}
	6	Treble	D4, F#4, A4, C#5	D^{va}
		Bass	D3, F#3, A3, C#3	D^{va}

Section 1



Play the 1st chord.

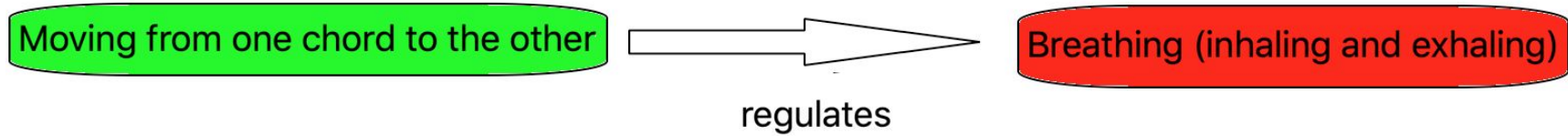
The length of your inhaling regulates the moving speed from the 1st chord to the 2nd chord.

Play the 2nd chord.

The length of your exhaling regulates the moving speed from the 2nd chord to the 3rd chord.

etc.

Section 2



Play the 1st chord.

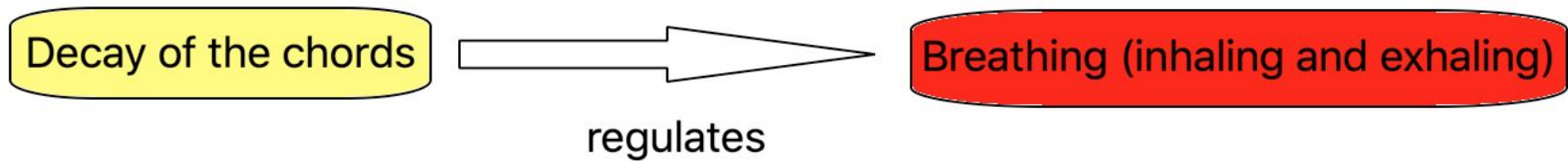
The moving speed from the 1st chord to the 2nd chord regulates the length of your inhaling.

Play the 2nd chord.

The moving speed from the 2nd chord to the 3rd chord regulates the length of your exhaling.

etc.

Section 3



Play the 1st chord. The time the 1st chord takes to decay regulates the length of your inhaling. When the sound of the 1st chord is completely decayed move to the 2nd chord.

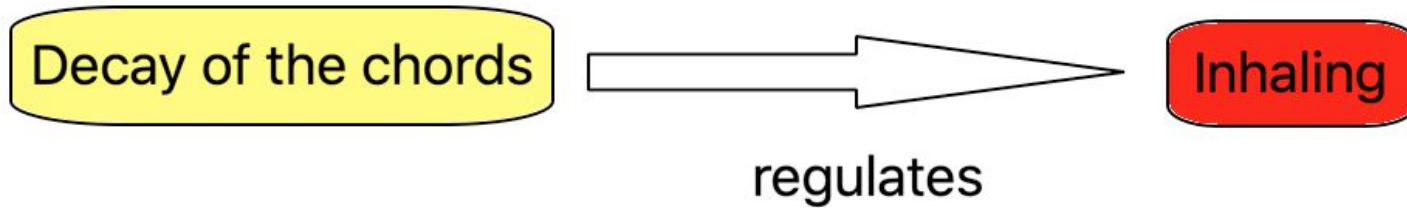
Play the 2nd chord. The time the 2nd chord takes to decay regulates your exhaling. When the sound of the 1st chord is decayed completely move to the 2nd chord.

etc.

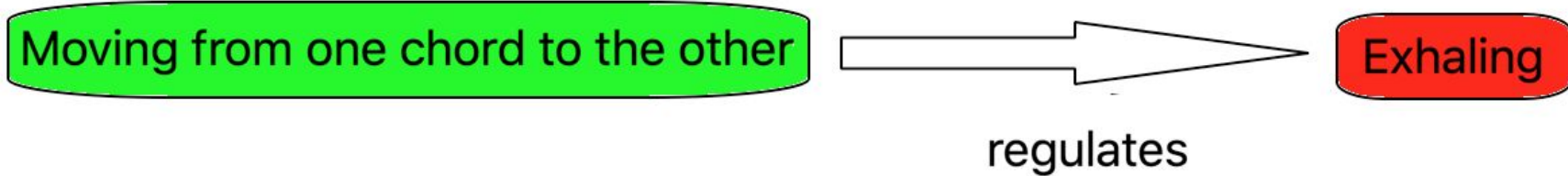
Moving is free.

If you need to recover, change the octave of the chord and play it in the higher register.

Section 4



Play the 1st chord. The time the 1st chord takes to decay regulates the length of your inhaling.
Move to the 2nd chord.



The moving speed from the 1st chord to the 2nd chord regulates the length of your exhaling.
etc.

If you need to recover, change freely the octave of the chord and play it in the higher registers.